

An example of a weekly program – *arrival and departure on Saturday*

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Najac's market + visit the medieval village	Visit the royal fortress of Najac	Visit St Antonin Noble Val OR Cordes sur Ciel	Adventure park, Via Ferrata or Hiking (<i>discounted rates</i>)	Villefranche de Rouergue's market + visit of the village	Mountainbike trip or electrical bike (<i>discounted rates</i>)
Afternoon	Chill next to the pool + booking your activities	Canoeing trip on the Petit Tour de Najac (6 kms)	Visit St Antonin Noble Val OR Cordes sur Ciel	Afternoon at the swimming pool of the gite	Horse riding at the farm Daoudou	Afternoon at the swimming pool of the gite
Evening	Barbecue + sunset at the Lignal	Diner at the restaurant Le Faubourg in Najac	Chill evening at the gite or at the swimming pool	Nocturn market of Najac Music and goof food !	Diner at the restaurant la Châtaigneraie at La Garde Viaur	Barbecue + sunset at the Lignal